

PUPILS CHOICE EXTRA MENU – Winter/Spring 2023/24

WEEK 1 commencing: 4 Sept, 25 Sept, 16 Oct, 13 Nov, 4 Dec, 8 Jan, 29 Jan, 26 Feb, 18 Mar

MONDAY (V)	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Quorn burger in bun Diced potatoes or pasta (v)	Beef bolognese, spaghetti or rice	Roast Chicken & Sage & Onion Stuffing Roast Potatoes (v)	Pork Sausage in gravy & wedges	Fish cake & oven chips
Baked bean and cheese slice (v)	Sweet potato and pea samosa burrito (ve)	Roast quorn fillet with sage & onion Roast Potatoes (v)	Cheese pin wheel (v) & potato wedges	Cheese & Tomato Pizza (v)
Cheese Roll or Baguette	Tuna Roll or Baguette	Ham Roll or Baguette	Cheese Roll or Baguette	Chicken Roll or Baguette
Jacket Potatoes with Beans	Jacket Potatoes with Cheese	Jacket Potatoes with Tuna	Jacket Potatoes with Beans	Jacket Potatoes with Cheese

WEEK 2 commencing: 11 Sept, 2 Oct, 30 Oct, 20 Nov, 11 Dec, 15 Jan, 5 Feb, 4 Mar, 25 Mar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY (V)	FRIDAY
Mild chicken curry & rice	Veggie sausages & potato wedges (v)	Roast Pork, sage & onion & Roast Potatoes	Beefburger in bun & Potato Wedges (v)	Battered fish fillet & Oven Chips
Macaroni Cheese (ve) & garlic bread	Sweet chilli quorn (v)	Shepherdess pie (ve)	Vegetarian roll (ve) & potato wedges	Cheese & Tomato Pizza (v)
Cheese Roll or Baguette	Tuna Roll or Baguette	Ham Roll or Baguette	Cheese Roll or Baguette	Chicken Roll or Baguette
Jacket Potatoes with Beans	Jacket Potatoes with Cheese	Jacket Potatoes with Tuna	Jacket Potatoes with Beans	Jacket Potatoes with Cheese

WEEK 3 commencing: 18 Sept, 9 Oct, 6 Nov, 27 Nov, 18 Dec, 22 Jan, 12 Feb, 11 Mar

MONDAY	TUESDAY (V)	WEDNESDAY	THURSDAY	FRIDAY
Chicken & sweetcorn meatballs in tomato sauce & pasta	Chicken pie & potato wedges	Roast beef in gravy & roast potatoes	Quorn Hotdog (v) Potato wedges	fish fillet fingers & oven chips
Bean & vegetable grill (ve)	Mild vegetable curry & rice (ve)	Potato topped vegetable pie (v) & roast potatoes	Beany pasta bake (ve) & garlic bread	Cheese & Tomato Pizza (v)
Cheese Roll or Baguette	Tuna Roll or Baguette	Ham Roll or Baguette	Cheese Roll or Baguette	Chicken Roll or Baguette
Jacket Potatoes with Beans	Jacket Potatoes with Cheese	Jacket Potatoes with Tuna	Jacket Potatoes with Beans	Jacket Potatoes with Cheese

Fresh baked bread available daily plus a selection of vegetables and bowl salads, fresh fruit, yoghurt, fruit jelly and cheese & biscuits available daily

NB: If your child has any food allergies you must record them with Herts Catering Ltd if you want to have school dinners