



## **Holtsmere End Junior School** **PLAY POLICY**

**Summer 2022**

**Review: Summer 2023**

Article 31 of the UN Convention on the Rights of the Child states that ‘A child has the right to rest and leisure, to engage in play and recreational activities appropriate to the age of the child and to participate freely in cultural life and the arts.’

### **Definitions**

- A play policy sets out the values and principles which a group of people agree that they hold in common and that will inform the decisions that they make.
- A play strategy sets out priorities and objectives for action by which these principles will be put into practice.
- A play implementation or action plan sets out the specific actions and improvements to be undertaken and will be Specific, Measurable, Achievable, Realistic and Timed.

### **What is Play?**

Play is any freely chosen activity which a child finds satisfying and creative. It may or may not involve equipment or other people. It may be serious or light hearted. It may produce something or it may be done simply for its own sake. It allows children an opportunity to be creative and make decisions.

Here at Holtsmere End Junior School we recognise that play may need to make a noise, get dirty, make a mess and sometimes be out of the direct gaze of adults.

We believe the role of the adults is to support the play process. Children will also have the opportunity for ‘free range’ play within the school grounds. Through our belief in children’s rights, we aim to:

- Provide a secure, caring environment where all children are happy, intrinsically motivated, relaxed and able to reach their potential.
- Children must follow instructions, use equipment without hurting others and have fun.
- Adults respect this right by providing opportunities for creative, exciting play, use conflict resolution to support children and supporting children who have additional needs at playtime.
- Children have the right to assess risk and tidy equipment away.
- Adults respect this right by assessing risk daily, encouraging children to assess risk also and helping children to tidy up.
- Adults respect this right by developing new opportunities for play, listening to children’s ideas about play and supporting children who have additional needs to access play.

### **Commitment and Rationale**

This policy sets out Holtsmere end Junior school’s commitment to ensuring quality play opportunities are available to all children.

As a school we aim to improve the way we think and provide opportunities for play. We believe that play is essential for physical, emotional, social, spiritual and intellectual development.

The school grounds provide a crucial place for children to experience self-initiated play.

### **Our Aims**

Our school aims are:

- To provide children with a play setting which is both stimulating and challenging.
- To allow children to take risks
- To provide children with a range of environments which will support their learning across the curriculum and about the world around them.

**We aim to give the children the opportunity to:**

- Explore the world around them through playful experimentation
- Develop social skills, enhancing communication, collaboration and problem solving.
- Encourage resilience and self-confidence.
- Think creatively
- Develop independence and take responsibility for themselves and others.
- Develop physical health
- Develop emotional health, allowing the balance between acting freely and allowing everyone to have their rights.
- To develop skills in self-assessing and managing risk.

**Benefit and Risk**

An essential element of exploration within the medium of play is the opportunity for children to experience freely chosen activities, where they can take acceptable risks and challenge themselves beyond their existing capabilities.

Allowing children to take acceptable risk develops their ability to judge risk independently and learn new skills. All children both need and want to take risks in order to explore limits, venture into new experiences and develop their capacities, from a very young age and from their earliest play experiences.

Children would never learn to walk, climb stairs or ride a bicycle unless they were strongly motivated to respond to challenges involving a risk of injury.

Play England Carefully considered and comprehensive risk assessments of all play provision within the school should be reviewed on an annual basis, or whenever significant change or development in play provision/equipment or child circumstances takes place.

**To manage the levels of risk we will follow the guidelines below:**

- Recognise the need for professional judgment in setting the balance between safety and goals.
- All staff should self-assess and manage risk, e.g. red tape should be used to section off play areas or equipment which are deemed to be 'high risk.'
- Ensure risks are as apparent as possible to staff and children.
- Ensure risks that children may not appreciate are controlled and managed

**Provide staff with training to supervise play setting.**

- We may not be able to see every child all of the time, especially when the children are using the trees.
- All staff are assigned a zone on a rotation and it is expected that staff will move around throughout the playtime, finding out what the children are doing and where the children are playing.

**First Aid**

All lunchtime staff carry a waist bag, which contains basic First Aid equipment.

There is also additional First Aid equipment stored in the Quiet area. All of the lunchtime staff are First Aid trained (November 2021)

Any head bumps must be reported to parents via a bump note; this will be completed by the member of staff dealing with the child. This will also involve a phone call home to a parent.

If an incident involving a child requires a phone call home this must be discussed with the SLT. All First Aid incidents should be recorded in the accident books kept within the first aid bum bags.

**Clothing**

We would advise as staff that all children come prepared for outdoor/ all weathers play. During the colder and wet weather wellies or walking boots should be worn by staff and children when walking on the school field or in the wooded areas. Children should also wear coats during cold weather. Children need to be responsible for managing their outdoor clothing. This includes being prepared before they go outside to play. In the summer children will need sun cream and hats to protect themselves. Part of outdoor play means children may get muddy. We will endeavour to reduce this as much as possible but free play means allowing children to explore the areas they like. A uniform is designed to give children a sense of belonging but also a way to protect their 'good' clothes they wear at home.

### **Equality and Access**

All children are entitled to welcoming and accessible play provision, irrespective of gender, economic or social circumstances, ethnic or cultural background or origin or individual abilities. It is our responsibility to ensure adequate provision is provided.

This policy will be closely monitored by the SLT and the OPAL working party and reviewed based on the needs of the adults and children's in the school.

The policy will be reviewed in line with the SEND code of practice to ensure all children are able to access the play provision ( this may mean with support for some children). All parts of play provision can be accessible. Please see our Accessibility Policy which can be found on the school website.

### **Environment**

- Our caretaker performs regular health and safety checks of the area.
- The OPAL working party and other staff will check for risks/ dangers when they are outside with the children.
- Children will be made aware of possible risks and help to manage those by alerting staff to them.
- The playground will be divided into zones to help staff supervise children and to keep a sensible risk/ benefit management system in place i.e. not all 'riskier' items together.