

Holtsmere End Junior School

Physical Education Action Plan 2022/23

Key achievements to date until July 2022 then maintaining as much as possible of the PE curriculum during school closures and restrictions:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none">• Sustained exposure and impact in delivering a whole school PE programme.• Introduction of even more varied afterschool clubs to include non competitive physical sports – e.g. yoga, cheerleading.• Marathon Kids Initiative with all years actively taking part daily at lunchtimes has been successful.• Profile of sport continues to be high – newsletter items, half termly reports to the school community, celebration assemblies, reports on facebook.• Importance of physical exercise remains high – displays, focus through science and PSHE lessons that are linked to the Jigsaw _PSHE resources• Opportunities for Continued Professional Development for teaching staff eg Orienteering and gymnastics• Increased attendance at sporting events when COVID restrictions allowed.• Pupil voice activity indicated pupils overwhelmingly enjoy PE	<ul style="list-style-type: none">• To increase the number of children successfully completing the NC required standard for swimming and water safety at the end of Key Stage 2 through the re organisation of swimming across the school for 2022/23 – To identify all children that require additional time and support and give them the opportunity in Year 6 to achieve this, lack of lessons for one Year 4 class due to Covid19 and therefore less progress made.• To continue to increase percentages of children with SEND participating in both extra-curricular activity and Inter school sport• Encourage the least active children to become more engaged in PE & sports more regularly, this will include incorporating the running track.• To further increase staff confidence in delivering PE as part of the curriculum.• Continue to raise the profile of the importance and benefits of physical exercise and sport

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Key Priority: PE – To increase engagement of all pupils in regular physical activity, providing opportunities for all children to take part.			
Actions and strategies Impact on pupils	Desired impact and sustainable outcomes	Resources/ Cost	Evidence and Impact
<ul style="list-style-type: none"> Subsidise after school provision costs, increasing participation 	<p>Increase in pupil participation in extracurricular clubs year on year Interest retained in the club and built upon.</p>	£6243	
<ul style="list-style-type: none"> Undertake pupil voice to gauge interest in extracurricular clubs and demand for them 	<p>A wide range of clubs on offer that respond to the interests of children. Increased participation in extracurricular activities Health and wellbeing week to include opportunities to try new sports.</p>	£2720	<p>Pupil voice Parent/child questionnaires</p>
<ul style="list-style-type: none"> Link clubs to level 2 inter school competitions where applicable to give further opportunities 	<p>Increased participation in Level 2 inter competition Improved results in inter competitions through extra training and preparation in accordance with the DSSN (Dacorum School Sports Network) calendar.</p>	Membership to DSSN - £1368 (£5 per child)	DSSN yearly monitoring
<ul style="list-style-type: none"> Employ a School sports Apprentice through the Dacorum School Sports Network for their first year 	<p>To assist with the set up and breakdown of lessons and clubs. Support in all lessons where applicable Assist in the delivery of extracurricular clubs Lead on lunchtime activities/clubs Help to engage children not normally attending clubs through Change 4 life initiatives</p>	£5772	<p>Pupil Voice Club numbers</p>

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Key Priority: PE – Competitive School Sport - To increase opportunities for participation, including for our young SEND pupils, in a range extra-curricular and competitive opportunities at Level 2 & Level 3

Actions and strategies Impact on pupils	Desired impact and sustainable outcomes	Resources/ Cost	Evidence and Impact
<ul style="list-style-type: none"> • Remain a member of the DSSN and use this to maximise the participation opportunities for inter school and intra sporting competitions in their calendar of events • Attend all appropriate training and meetings offered with the DSSN Partnership- • Weekly checks of the DSSN website and emails to ensure we are aware of competitive opportunities • Promote attendance at Inter Sports Competitions • Interview and select Sports Ambassadors to help promote and run competitions • PE Subject Leader and apprentice to support Sports Ambassadors to lead and run a variety of half termly intra house sports competitions. • Report to the school through Friday's celebration assemblies and Sports board of the competitions and events attended. • Increase the number and variety of extra-curricular clubs on offer • Utilise coaching from outside agencies to develop additional opportunities • Use funding to subsidise the costs of extra-curricular clubs • Provide transport to and from events if necessary so equal opportunities for all. • Create a Sports council 	<ul style="list-style-type: none"> • School Games Log will show that Holtsmere End Junior School has competed in both Intra and Inter competitions • Sports results shared with the school – player of the match and report in Friday's newsletter – also termly PE newsletter. • Staff will be aware of sporting opportunities available • Children are aware of the competitions that we have attended- Pupil Voice will display this • School House Points system incorporates sports day. • 100% of classes from Y3 6 will have competed in an intra and Inter Competition • Sainsbury Kite Mark Achieved as evidence of the quality of provision. • Sport retains a high profile throughout the school and its community • Increased accessibility to clubs and sporting events 	<p>Cost of DSSN membership £1368 (2022/23)</p> <p>Costs of transport to competitions £580</p>	<p>CPD Log</p> <p>Sainsbury's School Games Kite Mark</p> <p>Sports Club Analysis</p> <p>Subject Leader File – training and courses log</p> <p>Website</p> <p>Sports Board</p> <p>Pupil Voice</p>

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<ul style="list-style-type: none"> • Create termly newsletters to promote the work done throughout the term. • Implement house point system 			
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Key Priority: PE – To increase the profile of PE and sport across the school as a tool for school improvement.			
Actions and strategies Impact on pupils	Desired impact and sustainable outcomes	Resources/ Cost	Evidence and Impact
<ul style="list-style-type: none"> • Promote attendance at Inter Sports Competitions • Interview and select Sports Ambassadors to help promote and run competitions • PE Subject Leader and apprentice to support Sports Ambassadors to lead and run a variety of half termly intra house sports competitions. • Report to the school through Friday's celebration assemblies and Sports board of the competitions and events attended. • Provide transport to and from events if necessary so equal opportunities for all. • Create a Sports council • Create termly newsletters to promote the work done throughout the term. 	<ul style="list-style-type: none"> • Sports results shared with the school – player of the match and report in Friday's newsletter – also termly PE newsletter. • Children are aware of the competitions that we have attended- Pupil Voice will display this • 100% of classes from Y3 6 will have competed in an intra and Inter Competition • Sport retains a high profile throughout the school and its community • Increased accessibility to clubs and sporting events 	Cost of DSSN membership £1368 (2022/23) Costs of transport to competitions £580	CPD Log Sports Club Analysis Subject Leader File – training and courses log Website Sports Board Pupil Voice

Key Priority: PE – Broader the experience of a range of sports and activities offered to all pupils
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Actions and strategies Impact on pupils	Desired Impact and sustainable outcomes	Resources/ Cost	Evidence and Impact
<ul style="list-style-type: none"> • Audit equipment, prioritise expenditure in purchasing new equipment • Discussion with staff/pupils re resources currently available • Explore new equipment and seek advice from DSSN • Purchase new equipment • Increase range of equipment to meet need and ability of the children across the key stage. • Sports kits for football and other team activities. 	<ul style="list-style-type: none"> • Equipment is fit for purpose and used more effectively to deliver high quality PE • Allow development and growth through age related equipment • Increase differentiation through resourcing increasing range of equipment • Increase participation for those less engaged by sport through the use of trampoline and other non-generic equipment 	Cost of new equipment £1000	. Pupil Voice Resource Audit Teacher feedback Observations of children and staff in PE lessons

Key Priority: PE – Health and well-being – To use physical activity to improve pupils’ health and wellbeing			
Actions and strategies Impact on pupils	Desired impact and sustainable outcomes	Resources/ Cost	Evidence and Impact
<ul style="list-style-type: none"> • Children targeted in lessons and on planning • Child led 'friends clubs' to help increase and target those harder to engage 	<ul style="list-style-type: none"> • Children are aware of the importance of physical activity as part of a healthy lifestyle 	Cost of healthy life style club Included in clubs subsidy	Planning Attendance at Healthy Lifestyle club Pupil discussion

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<ul style="list-style-type: none"> • Create a display board showing levels of sugar in common soft drinks to raise awareness following an assembly on the subject • Those children not currently engaged in an extracurricular club to receive a pupil voice to establish reasons and how to further engage. • To plan the implementation of the 'Daily Mile' or short HIIT workout as part of the school day to increase health & wellbeing along with improved concentration in class 	<ul style="list-style-type: none"> • Pupils make healthy lifestyle choices that are celebrated and shared. • Increase in physical activity • Change in eating habits at break and lunch • Further children's knowledge of how the body works – cross curricular links • Increased concentration spells during learning, Allow children to have fun and engage in a health initiative. Increase overall fitness of the children. 	<p>Resources £20.00</p> <p>Linked with cooking club/gardening club</p>	<p>Parent feedback</p> <p>Club numbers</p> <p>Pupil Voice</p>
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Actions and strategies Impact on pupils	Desired impact and sustainable outcomes	Resources/ Cost	Evidence and Impact
<p><u>Professional Development</u></p> <ul style="list-style-type: none"> • PE subject leader to attend relevant training to assist in the development of PE • PE subject leader to support identified staff including a strategy of team teaching across the school, to provide staff with a model of High Quality PE • PE subject leader to model exemplar planning for staff to follow and resources to support • Modelling of high quality PE lessons • Develop a skills test for all teaching staff to gauge confidence of delivery, planning and assessment in PE • Develop and implement a yearlong professional learning plan appropriate for the needs of all staff based on above • CPD to include safety in gymnastics. 	<ul style="list-style-type: none"> • A clear PE breadth of study ensuring that the requirements of the national curriculum are met • All staff are confident and are competent to plan and deliver high quality PE lessons • The quality of PE lessons will be judged as good or better • Good practise is shared and is used to drive the development of PE • PE subject leader will have a clear understanding of PE attainment and progress across the school • Assessments will be used to inform planning which meets the needs of all pupils and provides sufficient challenge for the most able pupils • Areas for improvement will be identified and addressed through subject leader monitoring work and CPD • Higher levels of safety knowledge following DSSN training for gymnastics • Pupils will make good or better progress in PE 	<p>£15 – British Gymnastics membership</p> <p>£200 YST membership</p> <p>PE Hub £390</p>	<p>Lesson observations</p> <p>Teacher surveys/ questionnaires/ evaluations.</p> <p>Pupil voice/ interviews</p> <p>Pupil outcomes (end of each PE unit)</p>

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Key Priority: PE – To increase the number of children leaving Key Stage 2 being able to swim to National curriculum expectations (swim 25m, tread water for 30 seconds and demonstrate a range of skills throughout the swimming programme)

Actions and strategies Impact on pupils	Desired Impact and sustainable outcomes	Resources/ Cost	Evidence and Impact
<ul style="list-style-type: none"> • Year 4 to swim consecutively for one and a half terms from Sept to Feb Half term. • Engage parent/carer support and maximise the number of adults attending swimming sessions to help children feel more comfortably and offer support where required to aid the smooth running of swimming lessons. • Increase the number of swimming instructors by 1 to enable all children to benefit from smaller groupings. • Assessments/certificates used to inform parents/children of attainment 	<ul style="list-style-type: none"> • All children feel confident to participate in swimming lessons • Increased number of children achieving NC award at the end of Year 4 • A yearly increase in the percentage of children gaining the NC award to work towards the government target of 85% by the end of the Key Stage • All children feel confident to try new activities • Clear understanding of attainment in swimming • Swimming to become an integrated part of the school 		<p style="text-align: center;">Swimming lesson observations</p> <p style="text-align: center;">Teacher surveys/ questionnaires/ evaluations.</p> <p style="text-align: center;">Pupil voice/ interviews</p> <p style="text-align: center;">Pupil outcomes (end of each term)</p>

Total School Sports Premium for 2022/23	£16,000 plus £10 per child = £18,309.60
Total Spend for 2022/23	£18,300
The Difference between income received and income to date is supported by school revenue and parental contributions to fee paying clubs	

Signed off by	
Head Teacher:	Emma McGuigan

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Date:	12/5/21
Subject Leader:	
Date:	
Governor:	
Date:	